



## 2026 State SUP Invitational- Monroe Founders Park

87000 Overseas Hwy, Islamorada, FL 33063

Invited Counties (Citrus, Hernando, Hillsborough, Pasco, Pinellas, St. Lucie, Indian River, Martin, Charlotte, Collier, Lee, Manatee, Sarasota, Miami-Dade, Monroe)

### General Schedule

#### Friday, August 21<sup>st</sup>

12:00 pm – 5:00 pm      Delegation Registration & Board Drop-Off  
6:00 pm – 8:00 pm      Delegation Dinner

#### Saturday, August 22<sup>nd</sup>

7:00 am – 7:30 am      Athlete Check-in  
7:15 am                  Staging begins – Long Course  
7:30 am – 8:30 am      Level 1 Heats  
8:30 am                  Staging Begins – Short Course  
8:35 am – 9:45 am      Level 2 Heats  
9:00 am – 10:30 am     Lead Up Competition  
9:50 am – 11:00 am     Level 3 Heats  
**11:00 am – 1:00 pm      Lunch**  
11:05 am – 12:30 pm    Level 4 Heats  
1:00 pm                  Competition Concludes

\*Please note that the competition timeline is approximate. Awards will be handed out after each race is completed.